



VOLUNTEER OPPORTUNITIES: INDIVIDUALS

Dining Hall Assistant

Schedule: *Monday-Friday, 9:00 am-12:30 pm*

Assignment: *Assist with preparing and serving lunch to our residents.*

Schedule: *Sunday, 11:00 am-1:00 pm*

Assignment: *Clean and organize the kitchen.*

Food Pantry Assistant

Schedule: *Monday-Friday, 9:00-11:00 am and Saturday, 10:00 am-1:00 pm*

Assignment: *Assist with unloading, sorting and distributing food to the community.*

Donations Sorter

Schedule: *Monday and Wednesday, 1:00-4:00 pm*

Assignment: *Sort and organize donations.*

Relief Receptionist

Schedule: *Monday-Friday, 8:00-5:00 pm*

Assignment: *Answer and direct incoming calls, assist staff, clients, volunteers, guests*

Life Skills Class Teacher

Schedule: *Monday, 7:00-7:45 pm and Wednesday, 7:00-8:00 pm*

Assignment: *Teach residents on topics helpful in managing everyday life.*

GED Preparation Tutor

Schedule: *Tuesday, 7:00-8:00 pm*

Assignment: *Tutor residents in preparation for GED Test.*

Computer Skills Tutor

Schedule: *Thursday, 7:00-8:00 pm*

Assignment: *Tutor residents in basic computer skills.*

Arts & Crafts Teacher

Schedule: *Varies based on volunteer's availability*

Assignment: *Teach residents a variety of arts & crafts, such as painting, drawing, knitting, etc.*

Collection Drive Host

Schedule: *Varies based on volunteer's availability*

Assignment: *Hold drive to collect items for our residents and the community.*

Thrift Store

Schedule: *Monday-Friday, 11:00 am-7:00 pm, Saturday, 10:00 am-7:00 pm, Sunday, 12:00-5:00 pm*

Assignment: *Sort and tag donations, hang clothing, and organize items on shelves.*

Location: *JCOC Community Thrift, 120 S. Plaza Trail, Virginia Beach*

For more information, please contact our Volunteer Coordinator, Krishna Loya at kloya@jcoc.org or 491-2846, ext. 102.